



**Read Luke 11:1-4**

Use some meditation methods from Session 1 with this passage.

Describe which element of Jesus' prayer means the most to you personally?



Talk with your Father right now, and use Jesus' prayer as a guide. Be open and honest with Dad.

**Read  
Luke 5:16**

Why do you think Jesus found it necessary to be alone to pray?

Use some meditation methods from Session 1 with this passage.



Pray today that God will help you to develop a powerful, joyful, vibrant prayer life.

**Read Colossians 1:9-12**

Describe two things Paul has been praying for the Colossian church.

Use some meditation methods from Session 1 with this passage.



Use Paul's prayer now as a guide to pray for yourself and one other fellow believer.



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